



# FOGSI ICOG ONLINE CERTIFICATE COURSE ON PCOS

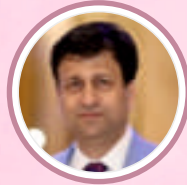


Wed 29<sup>th</sup>, Thu 30<sup>th</sup>, Fri 31<sup>st</sup> Jan 2025

Timing: 4.00pm to 7.00pm



**Dr. Sunita Tandulwadkar**  
President FOGSI ICOG



**Dr. Parag Biniwale**  
Chairperson ICOG



**Prof. Ashok Kumar**  
Vice Chairperson ICOG



**Dr. Suvarna Khadilkar**  
Secretary General FOGSI



**Dr. Sarita Bhalerao**  
Secretary ICOG

## Convenors



**Dr Rakhi Singh**  
Chairperson of Endocrinology Committee  
FOGSI 2020-2023



**Dr. Seema Pandey**  
ICOG G C Member



**Dr. Chaitanya Ganapule**  
Chairperson- Endocrinology committee,  
FOGSI(2024-26)

## Coordinators



**Dr Priti Vyasa**



**Dr. Shweta Kaul Jha**



**Dr. Garima Sharma**



ID: 895 9553 9971 | Passcode: ICOGPCOS

**Coordinator : Dr Priti Vyas**

4:00 to 4:05 pm	<b>Welcome by FOGSI President Dr. Sunita Tandulwadkar &amp; by Dr. Parag Biniwale, Chairperson ICOG</b>
4:05 to 4:10pm	<b>Address by Chief Guest– Dr. Duru Shah</b>
4:10 to 4:15 pm	<b>Preamble on Adolescent PCOS by Dr. Rakhi Singh</b>

### 4.15 pm to 5.15 pm **Session 1**

**Chairpersons : Dr. Geetha Balsarkar, Dr Uday Thanawala, Dr Sampath Kumari**

Time	Topic	Speakers
4.15 pm – 4.30 pm	<b>In Utero origin of PCOS</b>	<b>Dr Sarita Bhalerao</b>
4.30 pm – 4.45 pm	<b>PCOS Phenotypes &amp; Pathophysiology of PCOS</b>	<b>Dr Chandrika Anand</b>
4.45 pm – 5.00 pm	<b>Diagnostic criteria of Adolescent PCOS– How different are they?</b>	<b>Dr Basab Mukherjee</b>
5.00 pm – 5.15 pm	<b>Adolescent PCOS Guidelines</b>	<b>Dr Meenu Handa</b>

### 5.15 pm to 6.00 pm **Session 2**

**Chairpersons : Dr Mandakini Megh, Dr Durga Das**

Time	Topic	Speakers
5.15 pm – 5.30 pm	<b>Androgen Excess – a cosmetic Concern</b>	<b>Dr Rakhi Singh</b>
5.30 pm – 5.45 pm	<b>Insulin Resistance in Obese and Lean PCOS</b>	<b>Dr Chaitanya Ganapule</b>
5.45 pm – 6.00 pm	<b>Gut Dysbiosis – An emerging cause for PCOS</b>	<b>Dr Shobha Guddi</b>

### 6.00 pm to 6.45 pm **Panel Discussion**

	<b>Lifestyle modification and Prevention Strategies of PCOS for body Image issues</b>  <b>Moderator: Dr Laxmi Shrikande</b> <b>Experts: Dr Ramini Devi, Dr Vinita Singh</b>	<b>Panelists:</b> <b>Dr Neelam Bhise</b> <b>Dr Sushila Saini</b> <b>Dr Bhuvaneswari G Srinivasan</b> <b>Dr Niharika Allu</b> <b>Dr Apoorva Asthana</b> <b>Dr Vidhya Lakshmi</b>
6.45 pm –6.55 pm	<b>Post Test Day 1 Topics</b>	
6.55 pm – 7.00 pm	<b>Concluding Remarks.</b>	

**\*\*Note: Eligibility criteria– 50% marks in post test on all 3 days.  
Certificate will be issued to eligible FOGSI members ONLY**

**Coordinator : Dr. Shweta Kaul Jha**

4:00 to 4:05 pm	Welcome by Dr. Ashok Kumar, Vice Chairperson ICOG & by Dr. Sheela Mane, Chairperson Elect ICOG
4:05 to 4:15pm	Preamble on Fertility and PCO by Dr. Seema Pandey

**4.15 pm to 5.15pm Session 1**

**Chairpersons : Dr Neelam Ohri, Dr Pragya Mishra**

Time	Topic	Speakers
4.15 pm - 4.30 pm	Epidemiology and Pathophysiology of Infertility issues in PCOS	Dr Chaitanya Shembekar
4.30 pm - 4.45 pm	Diagnosis of PCOS and investigations needed for fertility management.	Dr. Sujata Kar
4.45 pm - 5.00 pm	Guidelines - Infertility in PCOS	Dr Pratik Tambe
5.00 pm - 5.15 pm	Role of adjuvants in PCOS stimulation	Dr. Anuradha Khar

**5.15 pm to 6.00 pm Session 2**

**Chairpersons : Dr. Lavanya Kiran, Dr. Nivedita Shetty**

Time	Topic	Speakers
5.15 pm - 5.30 pm	OI step by step in PCOS (non- ART)	Dr Kedar Ganla
5.30 pm - 5.45 pm	COH in PCOS- how is it different?	Dr Seema Pandey
5.45 pm - 6.00 pm	Preparing endometrium in FET cycles for PCOS	Dr Kundan Ingle

**6.00 pm to 6.45 pm Panel Discussion**

	<b>Ovulation Induction Protocols In PCOS - Case based</b>  <b>Moderator: Dr Fessy Louis</b> <b>Experts: Dr Madhuri Patil, Dr Neena Malhotra</b>	<b>Panelists:</b> <b>Dr Surhita Karim</b> <b>Dr Sunita Arora</b> <b>Dr Anu Agrawal</b> <b>Dr Jitendra Bahera</b>
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6.45 pm - 6.55 pm	Post Test Day 2 Topics
6.55 pm - 7.00 pm	Concluding Remarks.

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**Coordinator : Dr. Garima Sharma**

4:00 to 4:05 pm	Welcome by Dr. Sadhana Gupta, Vice Chairperson Elect ICOG & by Dr. Sarita Bhalerao, Secretary ICOG
4:05 to 4:15pm	Preamble on PCO and Perimenopause by Dr. Chaitanya Ganpule

### 4.15 pm to 5.15pm Session 1

**Chairpersons : Dr. Roza Olyai , Dr. Kasturi Donimath**

Time	Topic	Speakers
4.15 pm – 4.30 pm	Cycle regulation after reproductive life and long term sequele	Dr Vaishali Korde Nayak
4.30 pm – 4.45 pm	Prevention of recurrent miscarraiges inPCOS	Dr Mala Arora
4.45 pm – 5.00 pm	Concerns of medical disorders in pregnancy	Dr Girija Wagh
5.00 pm – 5.15 pm	Guidelines–cardiometabolic complications	Dr Punit Bhojani

### 5.15 pm to 6.00 pm Session 2

**Chairpersons : Dr. Sangeeta Agrawal, Dr. Vaishali Chavan**

Time	Topic	Speakers
5.15 pm – 5.30 pm	Metabolic Syndrome	Dr Rajlaxmi Walwalkar
5.30 pm – 5.45 pm	Obesity & Its consequences	Dr Priya Ballal
5.45 pm – 6.00 pm	Diagnosis and differential diagnosis of PCOS around perimenopause	Dr Ananya Das

### 6.00 pm to 6.45 pm Panel Discussion

	<p><b>Long term sequel of PCOS–case based discussion</b></p> <p><b>Moderator: Dr. Charmila A.</b>  <b>Experts: Dr Ritu Khanna, Dr Bharti Maheshwari</b></p>	<p><b>Panelists:</b></p> <p><b>Dr Manjula Patil</b>  <b>Dr Ritu Khanna</b>  <b>Dr Nibha Mohan</b>  <b>Dr Kundan Ingale</b>  <b>Dr Garima Sharma</b></p>
6.45 pm –6.55 pm	<b>Post Test Day 3 Topics</b>	
6.55 pm – 7.00 pm	<b>Conclusion &amp; Vote of Thanks</b>	

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